

NOVEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Filet Sandwiches	2 No School Professional Learning Day
5 Vegetable Eggrolls & Fried Rice <i>National Chinese Take Out Day</i>	6 Bean and Cheese Burritos	7 Hot Dogs or Polish Dogs	8 Beef and Vegetable Soup	9 Awesome Sauce Homemade Pizza with Whole Grain Crust
12 No School Veteran's Day	13 Minestrone Soup served with Breadsticks	14 Hamburgers Served with Oven Fries <i>National Pickle Appreciation Day</i>	15 Turkey Roast, Mashed Potatoes, Fresh Vegetables & Dessert	16 Chef Choice Day
  <h2>HAPPY THANKSGIVING</h2>				
26 Homemade Mac N' Cheese	27 Taco Tuesday	28 Chicken Tenders <i>National French Toast Day</i>	29 Spaghetti with Whole Grain Pasta	30 Awesome Sauce Homemade Pizza with Whole Grain Crust
<p>Daily Breakfast Options May Include: Whole Grain Cereal and Milk, Bagels with Cream Cheese, Whole Grain Muffins, English Muffins, seasonal variety of fruit</p>		<p>Lowfat milk, fresh fruit and vegetables are available with every meal. For information about food allergies and other dietary restrictions please call (530) 283-6500 ext. 5235</p>		



We proudly serve products from the following local vendors when seasonally available:

Thompson Valley Ranch

Follow Your Heart Farm

Sage Ham & Eggs

